

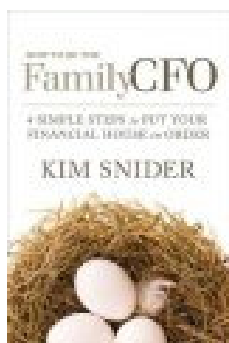
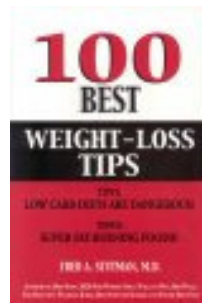
Happy New Year from the Bellingham Library

Let us help you with your New Year's resolutions. Library materials, including books, DVDs and videos are available on all the common New Year's resolution topics. Take a look at these:

Become Healthier

Lose Weight, Get Fit, Eat Right, Reduce Stress, Drink Less & Stop Smoking

- 100 Best Weight Loss Tips, a book by Fred A. Stutman, 613.2 STU
 Perfect Weight America, a book by Jordan Rubin, 613.2 RUB
 Tai Chi for Weight Loss a DVD with Instructor David Chang, DVD 613.7 TAI
 The Exhaustion Cure, a book by Laura Stack, 613.2 STA
 You the Owners Manual, a book by Michael F. Roizen, 613.2 ROI
 Stop Prediabetes Now, a book by Jack Challem, 616.462 CHA
 Strength for Life, a book by Shawn Phillips, 613.7 PHI
 Making the Cut, a book by Jillian Michaels, 613.25 MIC
 Quitting Smoking for Dummies, a book by David Brizer, 613.85 BRI
 AA the Story of How Many Thousands of Men & Women Have Recovered from Alcoholism, 362.29 ALC



Improve Financial Status

Managing Debt, Save Money, Get a Better Job, Get a Better Education

- How to be the Family CFO, a book by Kim Snyder, 332.024 SNY
 The Gone Fishin' Portfolio, a book by Alexander Green, 332.6 GRE
 Investing 101, a book by Kathy Kristof, 332.6 KRI
 Killing Sacred Cows, a book by Garret B. Gunderson, 332.024 GUN
 A Big Book of Jobs, 2009-2010 Edition, 650.14 BIG
 Back on the Career Track, a book by Carol Fishman Cohen, 650.14 COH
 The Everything Get A Job Book, a book by Dawn Rosenberg McKay, 650.14 MCK
 Interview skills that win the job, a book by Michael Spiropoulos, 650.14 SPI
 Career comeback, a book by Bradley G. Richardson, 650.14 RIC
 48 Days to the work you love, a book by Dan Miller, 650.1 MIL

Improve Self and Lives of Others

Take a Trip, Become a Volunteer, Spend Time with Family

- Catch a fish, Throw a Ball, Fly a Kite, a book by Jeffrey Lee, 790.1 LEE
 Family Fun Vacation Guide New England, a book by Deborah Geigis Berry, 917.404 BER
 The Naked Man Festival and Other Excuses to Fly Around the World, a book by Brian Thacker, 910 THA
 Volunteer Vacations, a book by Bill McMillon, 302 MCM
 Big book of Children's Reading Lists, as book by Nancy J. Keane, 028.5 KEA



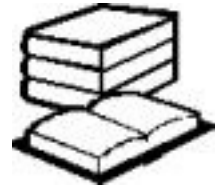
Read More...Okay, this might not be on the official list of common resolutions, but as librarians, we believe it should be!

Current New York Times Bestsellers

Hardcover Fiction	Hardcover Nonfiction	Children's Books	Hardcover Advice
Christmas Sweater, by Glen Beck	Outliers, by Malcolm Gladwell	A Very Marley Christmas, by John Grogan	The Last Lecture, by Randy Pausch
Scarpetta, by Patricia Cornwell	Dewey, by Vicki Myron	The Night Before Christmas, by C. Clement Moore	Barefoot Contessa Back to Basics, by Ina Garten
Cross Country, by James Patterson	American Lion, by John Meacham	Big Words for Little People, by Jamie Lee Curtis	Purpose of Christmas, by Rick Warren
Story of Edgar Sawtelle, by David Wroblewski	A Bold Fresh Piece of Humanity, by Bill O'Reilly	Gallop, by Rufus Butler Seder	Guinness World Records 2009
The Host, by Stephanie Meyer	Too Fat to Fish, by Artie Lange	Swing, by Rufus Butler Seder	You Being Beautiful, by Michael Roizen



JANUARY 2009



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HOURS: MONDAY THROUGH THURSDAY 9:30 AM TO 8:00 PM, FRIDAYS & SATURDAYS 9:30 AM TO 5:00 PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Library Closed for New Years Day	2	3
4	5 Ring-a-Ding 10:00-10:30 am Teen Zone 2:30 YAAB Meeting 4:30-6:00 pm	6 Rhythm & Rhyme 10:00 Artsy Kids 10:45 am Teen Zone 2:30	7 Preschool Storytime 10:00 Ring-a-Ding 10:00-10:30 am Class for Home School 1:00-2:30 pm Teen Zone 2:30	8 Teen Zone 2:30	9 Ring-a-Ding 10:00-10:30 am Craft Fun with Perler Beads 3:30-4:30 pm	10
11	12 Ring-a-Ding 10:00-10:30 am Teen Zone 2:30	13 Rhythm & Rhyme 10:00 Artsy Kids 10:45 am Teen Zone 2:30 Book Group 6:30-7:30 pm	14 Preschool Storytime 10:00 Ring-a-Ding 10:00-10:30 am Teen Zone 2:30	15 Teen Zone 2:30	16 Ring-a-Ding 10:00-10:30 am Book It! 4:00-4:45 pm	17
18	19 Library closed for the Martin Luther King holiday	20 Rhythm & Rhyme 10:00 Artsy Kids 10:45 am Teen Zone 2:30	21 Preschool Storytime 10:00 Ring-a-Ding 10:00-10:30 am Class for Home School 1:00-2:30 pm Teen Zone 2:30	22 Teen Zone 2:30 Switch to Digital TV Workshop 7:00-8:00 pm	23 Ring-a-Ding 10:00-10:30 am Craft Fun 3:30-4:30 pm	24
25	26 Ring-a-Ding 10:00-10:30 am Teen New Years Cookie Decorate 3:00 pm	27 Rhythm & Rhyme 10:00 Artsy Kids 10:45 am Teen Zone 2:30	28 Preschool Storytime 10:00 Ring-a-Ding 10:00-10:30 am Class for Home School 1:00-2:30 pm Teen Zone 2:30	29 Teen Zone 2:30	30 Ring-a-Ding 10:00-10:30 am Book It! 4:00-4:45 pm	31